

## St Berchmans College, Changanassery

### Gender Sensitization Plan

2021-22

St Berchmans College (Autonomous), Changanassery is committed for the overall development of the students, all stakeholders and the Society. Along with academic development, the college is committed for safety, self-esteem of genders, participation of students in academic, administrative, curricular and co-curricular activities. Women's empowerment and gender equality are one of the primary concerns of our institution. We practice to bring a positive change in the attitude and support equity among genders within the institute and in our outreach. We recognize Gender as a spectrum rather than a mere binary. We recognize that the marginalization of women from the socioeconomic and political sphere and the reluctance to acknowledge individuals beyond the socially constructed binaries, are widespread and deep-rooted in our society. For us, therefore, one of our most significant aims is to promote gender equity and to create an environment where individuals can unreservedly question, explore and embrace their gender identity.

Gender sensitization plan is as follows:

Sl. No	Strategic Goal	Target Participants	Action Plan
1.	Health and Hygiene	Students and Staff	<ul style="list-style-type: none"><li>• Organize Interactive sessions with invited doctors on Teenage Health and Personal Hygiene for a healthy life</li><li>• Interactive sessions with invited doctors on Cervical Cancer Awareness</li><li>• Arrange a talk on Health and Hygiene awareness</li><li>• Organise an awareness programme on Menstrual Health and Hygiene.</li></ul>
2.	Gender Sensitization	Students	Arrange: <ul style="list-style-type: none"><li>• Awareness and interactive sessions with invited experts and NGOs on relationship abuse, substance, drug and alcohol abuse.</li><li>• Session on Women and Child Protection</li></ul>
3.	Self Defense orientation classes	Students	Arrange: <ul style="list-style-type: none"><li>• A session on self-defense in association with Nirbhaya Team of Kerala Police,.</li><li>• A session 'Empowerment of Women against Atrocities'</li><li>• Workshop on Protection of Women</li></ul>

			against Domestic Violence Act 2015 in association with Women & Child Department, Women Protection Office Kottayam.
4.	Women Rights and Gender equality	Students and Staff	<p>Organise:</p> <ul style="list-style-type: none"> <li>• Awareness programme and campaign on Women Rights and Gender equality and Women Empowerment and Security</li> <li>• Legal Awareness symposium</li> <li>• Lecture on Women's right and the constitutional laws to protect women rights and dignity</li> <li>• A talk on women rights, problems faced by women in society and the role of government in empowering women</li> </ul>
5.	Entrepreneurship opportunities	Students and Staff	<ul style="list-style-type: none"> <li>• Organise Interactive session with invited entrepreneurs.</li> </ul>
6.	Gender equality in the economy	Students and Staff	<ul style="list-style-type: none"> <li>• Organise a talk on Financial Literacy for daily life .</li> </ul>
7.	Infrastructure and supporting facilities for gender equality and Security	Students and Staff	<ul style="list-style-type: none"> <li>• Installation of an incinerator.</li> </ul>

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Sl. No	Strategic Goal	Target Participants	Action Plan
1.	Health and Hygiene	Students and Staff	<ul style="list-style-type: none"> <li>Organise session by doctors on :               <ol style="list-style-type: none"> <li>Personal hygiene</li> <li>Life style deceases</li> <li>Prevention and early detection of cancer</li> </ol> </li> </ul>
2.	Gender Sensitization	Students	<ul style="list-style-type: none"> <li>Organize a gender survey</li> <li>Arrange talks and interactive sessions on gender related issues.</li> </ul>
3.	Self Defense orientation classes	Students	<ul style="list-style-type: none"> <li>Provide coaching classes to students in Karate, Yoga.</li> <li>Organize sessions on self-defense in association with police department</li> </ul>
4.	Women Rights and Gender equality	Students and Staff	<ul style="list-style-type: none"> <li>Organise Awareness programme and campaign on Women Rights and Gender equality and Women Empowerment and Security</li> <li>Organise a legal awareness programme for the students.</li> <li>Lecture on Women's right</li> </ul>
5.	Entrepreneurship opportunities	Students and Staff	<ul style="list-style-type: none"> <li>Organize Interactive session with invited entrepreneurs.</li> <li>Arrange training session on paper carry bag making, paper pen making etc.</li> </ul>
6.	Gender equality in the economy	Students and Staff	<ul style="list-style-type: none"> <li>Organize a talk on Financial Literacy for daily life .</li> <li>Organize a programme to ensure that all the female students of the college have bank accounts in their own names.</li> </ul>

7.	Infrastructure and supporting facilities for gender equality and Security	Students and Staff	<ul style="list-style-type: none"><li>• Start a sanitary pad making unit.</li></ul>
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