

3.6.3: Number of extension and outreach programs conducted by the institution through NSS/NCC, Government and Government recognised bodies during the last five years

Year	2021-22	2020-21	2019-20	2018-19	2017-18
Number of Extension Activities	86	36	54	74	51
Total	301				

**PRINCIPAL
ST. BERCHMANS COLLEGE
CHANGANASSERY- 1
KOTTAYAM, KERALA**



Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity
Pre-monsoon Cleaning and Awareness Program	National Service Scheme	Pre-monsoon cleaning & Awareness Programme; distributed homeo medicines and health awareness notices at ward 3 of Changanacherry Municipality & cleaned Poovakattuchira pond & Municipal Park	2021 - 2022
World Environment Day “Green Our Premises”	National Service Scheme	planted 212 plantlets commemorating World Environment Day	2021 - 2022
Awareness Program	NSS Unit SB College in association with Caritas Hospital, Kottayam	World Blood Donor Day	2021 - 2022
Awareness Program	National Service Scheme in collaboration with Madapally Additional	awareness program on Anemia	2021 - 2022
Gift a Book and Gift your Voice to the Blind	National Service Scheme	National Reading Day	2021 - 2022
Hridayam	National Service Scheme	Literary Platform	2021 - 2022
“Prachodhan” - Resilience of youth through creativity during crises	National Service Scheme	World Youth Skill Day	2021 - 2022
Road Safety Awareness Program	National Service Scheme & Honda Safety Driving Education Centre	Road Safety Awareness Program	2021 - 2022
Shramdan	National Service Scheme	200 Rain Water Harvesting Pits	2021 - 2022
Awareness of Radiation Hazards	National Service Scheme	Hiroshima Day	2021 - 2022
Onappanku	National Service Scheme	A Share of Onam	2021 - 2022
Awareness Programme	National Service Scheme	Sahyog groups conducted local campaigns and online campaigns on Ujjwala Yojana, Jan Dhan Account Creation	2021 - 2022
Awareness Programme	National Service Scheme	Suicide Prevention - “WAIT”	2021 - 2022
Lakshyodaya	National Service Scheme	Discussion on Action Plan for NSS Adopted Village	2021 - 2022
Shramdan	National Service Scheme	Cleaning programmes at government offices, bus stops, schools, hospitals pathways	2021 - 2022
Vardhakyathinu Oppam	National Service Scheme	facilitate easy and effective use of smart phones by senior citizens, our volunteers introduced a special android launcher named ‘big launcher’ for making the smartphone use easy for aged	2021 - 2022
Kootickal - Flood relief collection center	National Service Scheme	collection & distribution of materials to Kanjirappally, Mundakkayam, and Enthayaar areas	2021 - 2022

Swach Bharat - Clean India Campaign - Mega Cleaning in Changanacherry	National Service Scheme	NSS Volunteers gathered almost a tonne of plastic waste from Changanacherry 'By Pass' and handed it over to Municipality	2021 - 2022
Rashtriya Ekta Diwas	National Service Scheme	NSS volunteer conducted a Rally for Unity from Changanacherry Railway station to SB College by holding placards and taking the pledges for reinforcing the value of a strong and united India	2021 - 2022
Landslide relief and Aid worth Rs. 125950 to devastated Koottickal	National Service Scheme	NSS volunteers gathered 150 pairs of cloths and other relief materials worth Rs. 125950 (10 LPG Gas Stoves, 54 Pressure cookers, 50 Pans, 50 Thava, 2 Coats, 2 Beds, and 10 Chairs); sorted and packed clothes and other items in boxes and distributed them to the needy families of Kanjirappally, Erumeli, and Kanamala.	2021 - 2022
Children's Day Celebration at Lakshyodaya Gramam	National Service Scheme	organized children's day programs along with the children of the village; awareness class on hygiene, games, contests etc. were conducted for children distributed gifts and sweets to the children	2021 - 2022
'Sneha Sanketham'	National Service Scheme	Campus Community Interaction center at Adopted Village	2021 - 2022
Free Covid Vaccination Camp	National Service Scheme in association with General Hospital Kottayam	facilitated a smooth vaccination process for old aged and disabled persons	2021 - 2022
Make in India - LED bulbs at NSS Eco products training and Marketing Unit	National Service Scheme	manufacturing and marketing of an energy-efficient and eco-friendly product	2021 - 2022
Indian Constitution Day	National Service Scheme	Volunteers participated in online Quiz and preamble reading on MyGov.in and received appreciation certificates for the same	2021 - 2022
E-Shram Registration and awareness	National Service Scheme	NSS volunteers individually conducted campaigns and helped unorganized workers in their neighborhood to enroll in the E-Shram portal to obtain ID cards and other benefits	2021 - 2022
Volunteering for State Junior Basketball tournament	National Service Scheme	NSS volunteered in the State level Junior Basketball tournament	2021 - 2022
Marketing of NSS LED Bulbs	National Service Scheme	The first sale of NSS LED Bulbs	2021 - 2022
Mini Blood Donation Camp	National Service Scheme	Blood Donation by NSS volunteers	2021 - 2022

Inauguration of the Library at Lashyodaya Gramam	National Service Scheme	Distribution of books to the children	2021 - 2022
Special Camp PUNARJANI 2021-2022	National Service Scheme	Anti-Plastic Bag Campaign; Preparation for campus Community Tie up; Energy Conversation Campaign; Street Play Workshop; Training on Yoga; Training on Fire Safety; Organic Farming	2021 - 2022
1 Minute Paper Bag - Anti Plastic Bag Campaign - 5000 Bags	National Service Scheme	marketing of paper bags in the local market	2021 - 2022
E shram Portal Registration – Registering Labourers in Unorganised sectors	National Service Scheme	facilitated the registration of the unorganized sector to the E Shram Portal	2021 - 2022
Blood Donation Camp in SB College	National Service Scheme & District Hospital, Kottayam	Blood Donation	2021 - 2022
Awareness program Through Radio Speak it out on FM	National Service Scheme	awareness program through radio media village 90.8 to give awareness of electoral rights and the importance of voting	2021 - 2022
Udaan Activity - Intensive Social Action Program	National Service Scheme	various Udaan Activities	2021 - 2022
Adoption of a water body	National Service Scheme	World Wetlands Day - cleaning program	2021 - 2022
Awareness through Self Evaluation tool	National Service Scheme	Safer Internet Day	2021 - 2022
Promoting a lady Entrepreneur in the locality	National Service Scheme	National Women’s Day	2021 - 2022
“Poshan Pakhwada 2022” Special Drive for Nutrition of Adolescent Girls	National Service Scheme	vegetables produced in the “NSS Model Organic farm” were also supplied to the orphanage to support their nutrition through pesticide-free vegetables	2021 - 2022
Social Justice Day- One Rupee Challenge for WheelChair	National Service Scheme	money collected through this challenge was used to buy wheelchairs for children with disabilities who are financially disadvantaged	2021 - 2022
“Azadi Ka Amrut Mahotsav” Khadi Mela– Rally for Communal Harmony	National Service Scheme	NSS volunteers joined a Rally for Communal Harmony in Changanacherry town to mark the beginning of Khadi Mela	2021 - 2022
Azadi Ka Amrut Mahotsav "Legend in Dhoti” Contest for school students	National Service Scheme	Students from various schools participated in it. Legend in Dhoti - Rally in connection with the Centenary of Gandhiji’s Dhoti Adoption	2021 - 2022
Khadi for nation Campaign	National Service Scheme in association with CHASS KHADI	Khadi Fashion Show Competition for college students	2021 - 2022
Azadi Ka Amrutha Mahotsav	National Service Scheme	Drawing Competition for school students	2021 - 2022

National Vaccination Day	National Service Scheme	an intensive social media campaign on the importance of vaccination	2021 - 2022
Sneha Veedu	National Service Scheme	Financial support for house construction at Adopted Village	2021 - 2022
NSS Covid Warriors Kerala - Post Covid Clinic @ SB	National Service Scheme	free consultations with Pulmonology and ENT doctors, and laboratory and pharmacy facilities	2021 - 2022
Janasabha against drugs	National Service Scheme in association with the State youth welfare board	to curb the use of drugs and narcotics in Changanacherry town with community participation	2021 - 2022
SAY NO TO WAR	National Service Scheme	Awareness Campaign	2021 - 2022
Plastic Ploughing	National Service Scheme	World Nature Conservation Day	2021 - 2022
Awareness programmes for paddy cultivators	National Service Scheme	World Nature Conservation Day	2021 - 2022
Distribution of saplings in the neighbourhood houses	National Service Scheme	World Nature Conservation Day	2021 - 2022
Street Play	National Service Scheme	World Nature Conservation Day	2021 - 2022
Nasha Mukth Bharath Abhiyan	National Service Scheme in collaboration with Nasha Mukth Bharat Abhiyan	campaign that fights against the menace of substance abuse	2021 - 2022
Campus visit	National Service Scheme	Students of Seva Nikethan Education Sponsorship Programme (SESP) Changanassery visited SB College organized by the NSS Unit.	2021 - 2022
Drawing Competition	National Service Scheme	A drawing competition was conducted for students of Seva Nikethan by the NSS Unit.	2021 - 2022
Photo Exhibition	National Service Scheme	conducted by the NSS unit at Govt. New U P School Nedumkunnam, Punnavelly	2021 - 2022
Freedom Flower (Tiranga Pushpa)	National Service Scheme	organized by the NSS Unit for the school students	2021 - 2022
BHIM Powered Digital Banking Campaign	National Service Scheme	BHIM Powered Digital Banking Campaign for migrant workers	2021 - 2022
Blood Donation	National Service Scheme	NSS volunteers donated blood to different hospitals	2021 - 2022
Udan Intensive Social Action Project	National Service Scheme	Udan Activities	2021 - 2022
Awareness Campaign	National Service Scheme	World Mosquito Day	2021 - 2022
Pamphlet Distribution	National Service Scheme	World Mosquito Day	2021 - 2022
Organic Horticulture Project	Dept Of Economics	Organic Horticulture Project	2021 - 2022
Johnson MP Memorial National Paper Presentation Competition	Dept Of Economics	Johnson MP Memorial National Paper Presentation Competition	2021 - 2022
World Obesity Day	Dept Of Economics	Health Action Campaign & BMI Monitoring - World Obesity Day	2021 - 2022
International Women's Day	Dept Of Economics	International Women's Day Progressiveness Assessment Survey	2021 - 2022
World Environmental Day	Dept Of Economics	Plant a Tree Campaign as part of the World Environmental Day 2021	2021 - 2022

National Voter's Day	Dept Of Economics	National Voter's Day Voter Enrolment Facilitation Campaign	2021 - 2022
Digital Kottayam	Dept Of Economics	Digital Kottayam Pamphlet Distribution	2021 - 2022
Shastravandi	Department of Chemistry	Govt. New UP School, Punnaveli	2021 - 2022
10th All Kerala Mathematics Tournament	Dept of Mathematics	Mathematics Tournament is a major extension activity of the Department organized with an objective to popularize Mathematics among school and college students.	2021 - 2022
Tele Counselling Programme to provide psycho-social support to the Covid 19 victims and their families	Kottayam District Administration and KILA and MSW Dept of SB College	Tele Counselling Programme	2021 - 2022
Tele Counselling Programme to provide psycho-social support to the Covid 19 victims and their families	Kerala Catholic Bishops' Council (KCBC) and MSW Dept of SB College	Tele Counselling Programme	2021 - 2022
Collection campaign for flood victims	Goonj, Kerala and MSW Dept of SB College	Collection campaign for flood victims	2021 - 2022
Distribution Drive in affected areas of the flood victims South Kerala	Oxfam, India for Flood Relief and MSW Dept of SB College	Distribution Drive in affected areas of the flood victims	2021 - 2022
Sthree Shakthi Kala Jadha against dowry	Kudumbasree District Mission, Kottayam and MSW Dept of SB College	Sthree Paksha Nava Keralam Programme of Kudumbashree Mission	2021 - 2022
Field Action Projects - Preventive interventions against the risk behaviours among children and adolescents	Paippad Gramapanchayath Vazhapally Gramapanchayath Kurichy Gramapanchayath Thrikodithanam Gramapanchayath Puthupally Gramapanchayath Kottayam Municipality and MSW Dept of SB College	Field Action Projects- Preventive interventions against the risk behaviours among children and adolescents	2021 - 2022
Field Action Projects- Capacity building of parents and significant adults against child abuse	Paippad Gramapanchayath Vazhapally Gramapanchayath Kurichy Gramapanchayath Thrikodithanam Gramapanchayath Puthupally Gramapanchayath Kottayam Municipality and MSW Dept of SB College	Field Action Projects- Capacity building of parents and significant adults against child abuse	2021 - 2022
Field Action Projects- Empowering women against the atrocities they face.	Paippad Gramapanchayath Vazhapally Gramapanchayath Kurichy Gramapanchayath Thrikodithanam Gramapanchayath Puthupally Gramapanchayath Kottayam Municipality and MSW Dept of SB College	Field Action Projects- Empowering women against the atrocities they face	2021 - 2022
Extention programme based on Exam Anxiety	St. Therasas High School, Vazhappally		2021 - 2022
Plant a Sapling	BPCL and Dept of Management Studies at SB College	Environment Day Celebration	2021 - 2022
MSME Day (Online)	MSME Training Institute and Dept of Management Studies at SB College	MSME day Celebration	2021 - 2022

Signboard cleaning on Highways	State Govt. Public work Dept. and Dept of Management Studies at SB College	Social Service Activities	2021 - 2022
UN Day Celebration	Dept of Management Studies at SB College	Recovering better for an equitable and sustainable world	2021 - 2022
Homestead Biodiversity - Photo Inventory project	Kerala State Biodiversity Board & National Service Scheme	Uploaded pictures on the Biodiversity Board's website	2020-21
NSS Day Special Activities	National Service Scheme	The volunteers cleaned the bus stops, church premises, road sides Covid quarantine camp, nearby building premises, home surroundings etc.	2020-21
Plogging Run	National Service Scheme	The volunteers of NSS Unit SB College participated in the Plogging Run, by picking up trashes to clean the roads and sidewalks.	2020-21
UDAAN	National Service Scheme	The activities included taking free tuition, online learning assistance to school students, making improvements in livelihoods, support to people with disabilities, cleaning and beautification of public places, vegetable farming etc.	2020-21
SAHYOG	National Service Scheme	Volunteers were grouped into seven Sahyog groups lead by coordinators, convenors & joint conveners under the supervision of the programme officers. Each "Sahyog" had identified their projects and all of them started their activities.	2020-21
COVID Duty	National Service Scheme	Mr. Anish K Joseph, NSS programme officer of SB College, served as the official in the COVID-19 center, Warrior Samajam Hall in Changanacherry taluk	2020-21
Karuthal - Energy Conservation Day	National Service Scheme	Volunteers individually searched for incidences of transmission loss on electricity lines, poles etc., and reported 456 incidences to KSEB officials of their respective locality	2020-21
7-Day Special Camp 'Navodayam 20'	National Service Scheme	Shramdaan	2020-21
7-Day Special Camp 'Navodayam 20'	National Service Scheme	Survey	2020-21
Sahyog - Dhyuthi	National Service Scheme	The main aim of this project is to familiarise the society with the procedures of various activities which would be beneficial for them in their daily life. The group has selected social media platforms like Instagram and Facebook to achieve the desired result	2020-21

Sahyog - Sanaatan	National Service Scheme	Sahyog, Sanataan aims at promoting agricultural cultivation and all the members are working for it. We collected the seeds of vegetables and planted it in the nearby houses and are maintaining them. The neighbours in the nearby houses are giving great responses.	2020-21
Sahyog - Sankalp	National Service Scheme	The third group, conceived as part of Sahyog activity collected seeds, germinated them, planted them in nearby houses, and then maintained them every day.	2020-21
Sahyog - Dilaab	National Service Scheme	As part of the second phase of this year's collaborative work of the SB NSS unit, the fourth group, Dilab's selected activity, is entirely focused on the elderly. They are generally more likely to suffer from psychological distress as they are the most vulnerable group to the Covid epidemic that is spreading across the country	2020-21
Sahyog - Agnimitra	National Service Scheme	Through the project they aim to reduce plastic waste in and reduce pollution.	2020-21
Sahyog - Deenabandhu	National Service Scheme	Members of the group took initiative to spend their valuable time with their grandparents by hearing them	2020-21
Sahyog - Ektha	National Service Scheme	Sahyog EKTA aims to give tuition free of cost to the children in their own locality and was named as ABHYUDAY	2020-21
National Youth Week - Mathrika akkam Ivare	National Service Scheme	Activity to discover the influential figures in our society and make a note of them	2020-21
Jagrathayode munnottu; Thulli Kudikam, Thulli Chadam' - National Immunization Day	National Service Scheme	Created posters to raise the awareness about the polio vaccine and placed it in a place that attracted public attention	2020-21
Nerinte Nethaji - 123 Years of Subhash Chandra Bose	National Service Scheme	Prepared posters conveying insights and great words about Subash Chandra Bose and placed it in a place that attracted public attention	2020-21
Perucherckku, Vote Cheyyu - National Voter's Day	National Service Scheme	Awareness activities for educating senior citizens above 80 years of age and persons with disabilities about the provision of postal voting without going to booths. Each of them visited 10 nearby houses and conveyed awareness messages.	2020-21
Anjappam	National Service Scheme	NSS volunteers serve food in the <i>Anchappam</i> daily	2020-21

Sneha Thannerkudam	National Service Scheme in association with Prakrithi Samrakshana Sangam	emphasised the importance of setting up similar water facilities in the households to help the birds survive the scorching summer	2020-21
Election Awareness Rally	National Service Scheme in association with Systematic Voters Education and Electoral Participation Programme SVEEP	Election Awareness Rally	2020-21
Koottu	National Service Scheme	NSS volunteers of SB College prepared audio learning materials for visually impaired students	2020-21
Bike Rally	Systematic Voters Education and Electoral Participation program (SVEEP)	Participation of NSS volunteers	2020-21
Election Duty	National Service Scheme	NSS volunteers did sanitizing work at a polling booth of Changanacherry Taluk	2020-21
Covid Protection through Vaccination	Govt. Of India - Ministry of Information and Broadcasting Field Outreach Bureau, Kottayam in coordination with National Service Scheme	Participation of NSS volunteers	2020-21
Covid Vaccine Registration	National Service Scheme	NSS volunteers helped elder people in registering the Covid Vaccine	2020-21
Supply of Necessities to COVID Patients	National Service Scheme	NSS volunteers supplied food, medicines, and other necessary items to COVID patients.	2020-21
Election Duty by volunteers	National Service Scheme	NSS volunteers did the sanitizing work at a polling booth of Changanacherry Taluk	2020-21
“Doctor on Call”	National Service Scheme	COVID Cell - Help Desk by Unit	2020-21
Assistance for COVID Vaccine Registration	National Service Scheme	NSS unit helped elder people in online registration for the COVID Vaccine in their neighborhood	2020-21
Supply of Necessities to COVID Patients	National Service Scheme	NSS volunteers of SB College supplied food, medicines and other necessary items to Covid patients.	2020-21
9 th ALL KERLA MATHEMATICS TOURNAMENT	Dept of Mathematics	Mathematics Tournament is a major extension activity of the Department organized with an objective to popularize Mathematics among school and college students.	2020-21
Study Material Distribution	National Cadet Corps (NAVY)	The cadets visited St.Germans and St.Alphonsa Bhalikabhavans and distributed study materials to them.	2020-21
Covid 19 Facilitation	Govt. of Kerala	Covid 19 Facilitation Work Centres	2020-21

Pre-Monsoon Cleaning Campaign and Saplings Plantation	National Service Scheme	'Shuchitwa' initiatives - the NSS Cell of MG University came up with the "Littering Free Campus, Village, and City Scheme" for the NSS Volunteers	2019-20
Donating Library books to Anjappam Library	National Service Scheme	Anjappam organization	2019-20
Serving at Anchappam	National Service Scheme	NSS volunteers serve food in Anjappam to the needy ones.	2019-20
International Day against Drug Abuse and Illicit Trafficking	National Service Scheme	Short film called "Mydhya" was screened; discussion on the topic "Awareness through Media"	2019-20
Eco Products Training Workshop	National Service Scheme	eco-product training workshop	2019-20
SBSI Household Survey	National Service Scheme	NSS volunteers who had enrolled in the Swachh Bharat Summer Internship took part in an 'Anti-plastic survey and campaigning'	2019-20
CLEANATHON: A Walk for a Cleaner Tomorrow	National Service Scheme	walkathon titled 'CLEANATHON' - SBSI campaign	2019-20
3R's Pamphlet Distribution	National Service Scheme	3R's Pamphlet Distribution	2019-20
Charity Collection Drive	National Service Scheme	support kidney patients	2019-20
Exhibition of Eco Products (GreenBerch Stall)	National Service Scheme	exhibition was conducted as part of <i>Swachhata Pakhwada</i> activities called for by the Union Ministry of Sports and Youth Affairs	2019-20
Flood Relief Activities	National Service Scheme	collected goods were supplied to the needy through Kudumbasree Mission, Pathanamthitta District Mission and Sakhyaa Charitable Society in collaboration with Rise-Up Forum (309/2018)	2019-20
Bund Construction	National Service Scheme	rebuild the broken bunds in Mullakkal, Alappuzha	2019-20
Eco Products Campaign and Sale	National Service Scheme	familiarizing the products to society & promoting sale	2019-20
World Heart Day Rally	National Service Scheme	World Heart Day Rally	2019-20
Mega Cleaning Campaign on Gandhi Jayanti	National Service Scheme	Mega Cleaning Campaign in association with Charity World Trust at Muttar Panchayat in Alleppey district	2019-20
Fit India Plogging Run	National Service Scheme	Gandhi Jayanti Mega Cleaning Campaign	2019-20
Municipal Ward Meeting	National Service Scheme	survey and waste management campaign in Ward 4 of Changanassery Municipality	2019-20
Blood Donation Camp	National Service Scheme college in association with HDFC Bank and Kottayam Medical College	commemorating World Aids Day and International Day of Persons with Disabilities	2019-20
Excise Bike Rally - Vimukthi Club	National Service Scheme	Excise Bike Rally against the social issue of "Drug Abuse"	2019-20
Suvarnam 2019 - 7 day Special Camp at Muttar	National Service Scheme	7-day Special Camp at Muttar from 20 Dec 2019 to 26 Dec 2019: The volunteers were engaged in various post-flood activities for 'Rebuilding Kerala' during the camp.	2019-20

Ini Njan Ozhukatte (<i>Let me flow now</i>)	National Service Scheme - Haritha Kerala Mission	Canal Cleaning Drive	2019-20
Street Play – ‘Ni Manushyan Ano?’ (<i>‘Are you a human?’</i>)	National Service Scheme	street play addressing many contemporary issues like abortion, nature conservation, excessive use of fertilizers and insecticides, drug abuse	2019-20
Renewable Energy Survey and Disability Survey	National Service Scheme in association with ANERT	survey on renewable energy as well as a survey on disabilities	2019-20
Punarjani: The Revival of Water Bodies	National Service Scheme	cleaning a water channel in the Muttar Panchayat and removed all the organic and plastic waste from that water body	2019-20
HAM Radio Making	National Service Scheme	workshop on the possibilities of HAM Radio - communication during flood-affected times	2019-20
Clean Campus – Green Campus	National Service Scheme	cleaning the campsite	2019-20
GreenBerch Eco products Stall - Changanassery Mega Fest	National Service Scheme	propagation and sale of eco-friendly alternatives of day-to-day plastics like carry bags, disposable plates and cutlery, etc.	2019-20
Changanassery Mega Fest – Green Army to maintain Green Protocol	National Service Scheme - Charity World and Radio Media Village	Raising funds for Charity	2019-20
Eco Products Training Workshop conducted by GreenBerch	National Service Scheme	Promotion and training of Eco-friendly products	2019-20
DISHA 2020	National Service Scheme	A Mega Drug Awareness Campaign	2019-20
GreenBerch	National Service Scheme	Eco products Training and Marketing	2019-20
World Cancer Day – Awareness Rally	National Service Scheme	Awareness rally at KSRTC bus stand and Puthoorpally Shopping Complex area	2019-20
World Cancer Day – Street Play on Cancer Prevention	National Service Scheme	Street play on the precautions for cancer prevention - conducted at Puthoorpally shopping complex area	2019-20
Anganwadi Painting	National Service Scheme	Cleaning and beautifying an Anganwadi located in Changanacherry	2019-20
ASPIC Club Annual Meeting 2020	National Service Scheme	awareness on Antibiotic resistance and other health-related issues	2019-20
Ek Bharat Shrestha Bharat Programme (EBSB)	Ek Bharat Shrestha Bharat Programme in collaboration with National Service Scheme	Inauguration	2019-20
Guest Talk on the Cultural Diversity of Himachal Pradesh	National Service Scheme	Guest Talk & Tribal Dance of Himachal Pradesh	2019-20
NAVODAKAM (Conservation of waterbody)	Dept. of Botany	NAVODAKAM	2019-20
Swatch Bharath	Commerce	data collection	2019-20
Clean Changanassery Program	Economics	Changanassery Municipality	2019-20

Social Awareness Programme	Unnat Bharat Abhiyan (Dept of Zoology)	Need Assessment survey and production of compost from water weeds as a measure to enhance the quality of Kokkattuchra community	2019-20
Swachh Bharat Awareness Programme	NCC	Cleaning Programme	2019-20
Awareness Programme	Dept of Social Works	Suicide Awareness Programme at St. Joseph Higher Secondary School, Changanassery.	2019-20
Awareness Programme	Dept of Social Works	Suicide Awareness Programme at Placid Vidya Vihar School, Changanassery.	2019-20
Awareness Programme	Dept of Social Works	Awareness street play on waste management at Alappuzha	2019-20
Camp	Dept of Social Works	Stem cell detection camp at Changanassery	2019-20
Collection and distribution of flood relief materials	Dept of Social Works	Collection and distribution of flood relief materials to the victims of North Kerala	2019-20
Restoration of Endosulfan victims in Kerala	Dept of Social Works	Public campaign and One Act Play on the need of rehabilitation of the Endosulfan victims in Kerala by Daya Bai.	2019-20
Awareness Programme	Dept of Social Works	Cancer Awareness Campaign with Exhibition, Rally and Street play	2019-20
Field Action Programme	Dept of Social Works	School Based Field Action Programme against Risk Behaviour among Children and Adolescents implemented in five Schools	2019-20
Fund Raising Programme	Dept of Social Works	Students Volunteered in CHRYSALIS TOWARDS INCLUSION – Fundraising Programme for Alan T21 Welfare Trust	2019-20
Break The Chain	Dept of Social Works	Break the chain: Distribution of sanitizer by the students at Valummelchira SC colony	2019-20
Workshop	Physics Association, SB College	Workshop on AM and FM radio building	2019-20
Workshop	NSS Unit, SB College	Workshop on HAM radio communication for disaster management (St. George's HSS Muttar)	2019-20
Educational support	NSS in association with Kayythang Charitable Society, Kandampady	Distriputed school bags among students of Kandampady Government Tribal School	2018-19
World Wetland Day Celebration	NSS (National Service Scheme) in collaboration with Kerala State Council for Science Technology and Environment (KSCSTE)	World Wetland Day Celebration	2018-19
Leadership Throuth NSS - A Leadership Camp	NSS (National Service Scheme)	Leadership Throuth NSS - A Leadership Camp	2018-19
Plastic Free Campus	NSS (National Service Scheme)	Plastic Free Campus	2018-19
Donation to Flood Relief Camp	NSS (National Service Scheme)	food items and the sanitary items were distributed among the people of Vezhapra village	2018-19
Opening of Camp Stores for Distribution of materials to camp Inmates	NSS(National Service Scheme)	Opening of Camp Stores for Distribution of materials to camp Inmates	2018-19

Flood Relief Camps	NSS (National Service Scheme)	food items and the sanitary items were distributed among the people in the relief camp	2018-19
Visit to relief camps and distribution	St. Berchmans Educational and Charitable Trust	Visit to relief camps and distribution of relief materials, psycho-social interaction and supply of drinking water (Govt. School, Vazhapally, Govt. School, Puzhavathu, St James School, Changanassery,Municipal Town Hall, Changanassery)	2018-19
Opening of Camp Stores	NSS (National Service Scheme)	easy and proper distribution of essential materials to the camp inmates	2018-19
The Collection and Distribution Centre of materials in the COLLEGE for flood relief	NSS(National Service Scheme)	The Collection and Distribution Centre of materials in the COLLEGE for flood relief	2018-19
Medical Camp	NSS (National Service Scheme) in association with Medical College, Kottayam, Sree Chithra Trivandrum	Medical check and medicines were made available for the camp inmates	2018-19
cleanliness and hygiene in the camp	NSS (National Service Scheme)	created awareness among the people and participated in the maintenance of hygiene	2018-19
The District Administration, DC books and You & Me team organized an interactive session	NSS (National Service Scheme)	The District Administration, DC books and You & Me team organized an interactive session consisting of games, folk songs etc. The interactive session was led by Manu Jose. The session could spread a spirit of happiness and positive energy among the camp inmates with shattered dreams.	2018-19
Medical camp	NSS & Malayala Manorama	medical camp was organized for the camp inmates by Malayala Manorama on 23 rd August 2018	2018-19
Medical camps for flood victims	S H Medical Centre, Kottayam & St. Berchmans Educational and Charitable Trust	Medical camps for flood victims at Thottuvathala, Alappuzha Dist.	2018-19
Medical camps for flood victims	Rotary Club(Pala),Marian Medical Centre(Pala) , St. Berchmans Educational and Charitable Trust	Medical camps for flood victims at Valummelchira Colony	2018-19
Positive Thinking and Psychological Relaxation Exercise	NSS (National Service Scheme)	A class led by Fr. Sunny SJ.	2018-19
Distribution of food grains	NSS (National Service Scheme)	food grains kits were distributed under the leadership of NSS volunteers to the inmates	2018-19
Post Flood Cleaning	NSS (National Service Scheme)	post-flood cleaning the Panchayat Office, Hospital, Village Office, NSS School, Post Office and houses in Eara, Kottayam	2018-19
August Mouna Upavasm	NSS in association with the activists of Janaarogya Prasdhanam	banning of chemical pesticides and to make Kerala as an organic state	2018-19
Rescue Operations	NSS (National Service Scheme)	Rescue Operations at Changanasserry Boat Jetty	2018-19
Training Program on paper bags and cloth mats	NSS (National Service Scheme)	Training Program on paper bags and cloth mats & distribution among the public	2018-19

Eco-pen making workshop	NSS (National Service Scheme)	conducted for the inmates of PIETA BHAVAN at Midaykunnu, Pothy, Kottayam by NSS volunteer	2018-19
Eco pen making workshop	NSS(National Service Scheme) and SAHODARAN AYYAPPAN MEMORIAL COLLEGE OF EDUCATION	Eco pen making workshop	2018-19
I Challenge Plastic bottles	NSS(National Service Scheme) in collaboration with Bharath Scouts and Guides and Thaluk Residents Association Apex Council	I Challenge Plastic bottles	2018-19
Post flood situational analysis survey	NSS units of our college and Assumption College and Social Work Department of Assumption College	Post flood situational analysis was conducted in Kuttanadu region covering 1800 flood affected families	2018-19
Eco product training workshop	NSS (National Service Scheme) and St Stephan's College, Uzhavoor.	Eco product training workshop at St Stephen's College, Uzhavoor	2018-19
Gandhi Jayanthi Celebration (Cleaning Programme)	NSS (National Service Scheme)	Gandhi Jayanthi Celebration (Cleaning Programme)	2018-19
Swachatha Awareness Rally	NSS (National Service Scheme)	Swachatha Awareness Rally	2018-19
Blood Donation Camp	NATIONAL SERVICE SCHEME at the college in association with HDFC Bank and Kottayam Medical College	Blood Donation Camp	2018-19
Distribution of Study Materials and Inauguration of Drinking Water Facility	NSS (National Service Scheme)	Distribution of Study Materials and Inauguration of Drinking Water Facility	2018-19
All Kerala Eco product making workshop – Train the Trainer programme	NSS (National Service Scheme)	All Kerala One Day Eco Products Making Workshop for the students and faculty members of different colleges and schools	2018-19
Meenachil Odonate Survey Tropical Institute of Ecological Sciences (TIES)	NSS (National Service Scheme)	Meenachil Odonate Survey Tropical Institute of Ecological Sciences (TIES)	2018-19
National Energy Conservation Day	NSS(National Service Scheme) in collaboration with CHASS Changanassery	National Energy Conservation Day	2018-19
Sukrutham 2018 - Seven Day Camp	St. Mary's Govt. High School Palakkathakidi, Kunnathanam and NSS(National Service Scheme)	Sukrutham 2018 - Seven Day Camp	2018-19
Anti-Plastic Campaign	NSS(National Service Scheme)	Anti-Plastic Campaign	2018-19
Under the Swatch Bharath Abhiyan Scheme -Cleaning Activity	NCC(National Cadet Corps)	Under the Swatch Bharath Abhiyan Scheme	2018-19
Manimalayar River Cleaning	NSS(National Service Scheme)	Under the Swacch Bharath Mission	2018-19
Toilet and Premises Cleaning - Swacch Bharath	NSS(National Service Scheme)	Toilet and Premises Cleaning - Swacch Bharath	2018-19
Eco Product Making Workshop	NSS(National Service Scheme)	Eco-product-making workshop at Marthoma College Thiruvalla	2018-19
Palliative Care Team of SB College	NSS(National Service Scheme)	Palliative Care Team of SB College	2018-19

Sasthrapadham (SSA),National Service Scheme, SB College unit hosted the programme conducted by Sarva Shiksha Abhiyan, Kottayam for students who were science aspirant to know about science	NSS(National Service Scheme)	Sasthrapadham (SSA),National Service Scheme, SB College unit hosted the programme conducted by Sarva Shiksha Abhiyan, Kottayam for students who were science aspirant to know about science	2018-19
construct house for the people who have been affected from the flood	NSS(National Service Scheme) College in collaboration with Non-Governmental Organization named "Orava"	construct house for the people who have been affected from the flood	2018-19
VVPAT Demonstration	NSS(National Service Scheme)	VVPAT Demonstration	2018-19
Books Were Collected and Donate to the New library in Kunnanathanam	NSS(National Service Scheme)	Books Were Collected and Donate to the New library in Kunnanathanam	2018-19
Tuition Programme for students	NSS(National Service Scheme)	Tuition Programme for students in Palakkathakidi	2018-19
Skill Enhancement Women Empowerment Programme	NSS(National Service Scheme)	NSS volunteers trained their students in association with the skill Enhancement Women Empowerment Programme of Fathima Matha National College, Kollam	2018-19
Service in ANJAPPAM	NSS in association with ANJAPPAM	NSS volunteers serving food in the Anjappam	2018-19
Sensitization Programme on Transgenders	NSS (National Service Scheme)	Sensitization Programme on Transgenders	2018-19
Thanneer Kudam	NSS (National Service Scheme)	Water to Birds in summer - Thanneer Kudam	2018-19
Vimukthi sticker distribution inauguration	NSS (National Service Scheme)	Vimukthi sticker distribution inauguration	2018-19
Lok Sabha Election Duty	NSS (National Service Scheme)	Lok Sabha Election Duty	2018-19
Book published	NSS (National Service Scheme)	NSS volunteers of SB College collected the recipes of the old culture food from their grandmothers and clubbed them into a recipe book named <i>Muthashicurrikal</i> .	2018-19
Aswamedham - Leprosy case detection campaign	NSS (National Service Scheme)	Aswamedham - Leprosy case detection campaign	2018-19
National Yoga Day Celebration	NCC (National Cadet Corps) in collaboration with NSS Hindu College Perunna	National Yoga Day Celebration	2018-19
Kargil Vijaya Diwas-Cleaning Activity	NCC (National Cadet Corps)	Kargil Vijaya Diwas-Cleaning Activity	2018-19
Anti-Rabies Medicine Distribution	NCC (National Cadet Corps)	Anti-Rabies Medicine Distribution	2018-19
Cleaning Activity	NCC (National Cadet Corps) and ANO	Cleaning Activities in Flood Affected Areas	2018-19
Swachatha awareness rally	NSS Units in Our College	Swachatha awareness rally was conducted on 3rd October 2018. First year NSS Volunteers and second year NSS Volunteers participated in the rally	2018-19

House maintenance	Indian Social Workers Association, Illinois & St. Berchmans Educational and Charitable Trust	House maintenance of five flood affected families	2018-19
A survey to analyse the post flood health status of people	Ayushya Centre for Healing and Integration Charitable Society, Changanassery	A survey to analyse the post flood health status of people in Kadamanchira and Valummelchira Colonies in Changanassery Municipality	2018-19
Psycho social care for the flood victims	Ayushya Centre for Healing and Integration Charitable Society, Changanassery	TOT programme on psycho social care for the flood victims	2018-19
“Kitab” for the flood-affected schools	Goonj, New Delhi	A used book collection campaign “Kitab” for the flood-affected schools	2018-19
Street play on health and hygiene	ADRA, an International NGO	Street play on health and hygiene in 22 flood affected villages of Ramankary and Thiruvanvandoor Grama Panchayat.	2018-19
Street plays for Vimukthi project	Kerala State Excise Department and Sargakshetra Cultural Centre.	Street plays for Vimukthi project- an anti-drug addiction campaign in Kerala State	2018-19
Street play on the theme “Children and Social Media”	Kerala Association of Professional Social Workers (KAPS).	Street play on the theme “Children and Social Media” at Kottayam town as part of World Social Workers Day	2018-19
Field Action Projects on Prevention of Atrocities against Women (3 No:s)	Veliyanad Grama Panchayath, Kavalam Grama Panchayath, Thrikodithanam Grama Panchayath	Field Action Projects on Prevention of Atrocities against Women (3 No:s)	2018-19
Psycho-social interventions with children (6 No:s)	Govt LP School, Veliyanad, Govt LP School, Poochalil, Govt UP School, Veliyanad, Govt. UP School, Kavalam, Govt UP School, Vezhapra, Ramankary Grama Panchayath	Psycho-social interventions with children (6 No:s)	2018-19
Seven day rural camp	Marthoma Boys Home, Punalur, Govt. UP School, Olappara	Seven days rural camp at Olappara Plantation Settlement colony in Punalur, Kollam District (Socio-economic survey, Cultural interaction with settlement colony, members, Awareness programmes, Medical camp, Psycho-social interaction with students of Govt. UP School, Olappara)	2018-19
Psycho-social interventions for children	Marthoma Boys Home, Punalur.	Psycho-social interventions for children at Boys Home, Punaloor.	2018-19
Survey on Health Aspects during flood	Government Hospital Kavalam	Survey on Health Aspects during flood	2018-19
‘Muttai’: Psycho Social Intervention	Kavalam Government School	‘Muttai’: Psycho Social Intervention for the flood affected children in Kavalam Government School	2018-19
Sorting of relief materials for distribution	Dynamic Action, Thiruvalla, Pathanamthitta	Sorting of relief materials for distribution in the most isolated flood affected areas in Kerala.	2018-19
Navodakam' Water body management project	Department of Botany	Periodical cleaning and maintenance of Poovakkattuchira	2018-19
Jaivam-2017	NSS (National Service Scheme)	Jaivam Inauguration	2017-18

Jaivam-2017	NSS (National Service Scheme) & M G University	Volunteer Leaders Meet	2017-18
Jaivam-2017	NSS (National Service Scheme)	Conducted Jaivam survey in Changanacherry Municipality to teach the importance of organic Farming	2017-18
Jaivam-2017	NSS (National Service Scheme)	Inauguration of Seven Day Camp	2017-18
CLEANING ACTIVITY	NSS (National Service Scheme)	Cleaning Session at the premises of Changanacherry Govt Hospital on Gandhi Jayanthi	2017-18
World Heart Day Rally	NSS (National Service Scheme)	World heart day was celebrated by National Service Scheme Volunteers by conducting a rally was started from college campus to Chethippuzha hospital	2017-18
World Diabetes Day Rally	NSS (National Service Scheme), SARGHASHETRA and St Thomas Hospital, Chethippuzha	conducted a rally as part of world diabetics day celebration.	2017-18
Paper Pen Distribution	NSS(National Service Scheme)	200 Paper pens were made and was given to Assistant wildlife warden, bird sanctuary Thattekkadu.	2017-18
Class on Eco Pen	NSS(National Service Scheme) and SPHSS Upputhara.	NSS Volunteers visited a seven-day camp conducted by SPHSS Upputhara and They handled a class on the disadvantage of plastics and taught the students to make Eco-Pens.	2017-18
Eco-Pen Class in NSS Camp	NSS & Chakkupallam school	NSS volunteer Anandhu Krishna K S lead the session for students and teach the students to make eco-pens easily and economically	2017-18
Eco Pen Distribution	NSS in association with Commerce fest	Awareness & sale of eco pens on campus	2017-18
Asha Bhavan Visit	NSS (National Service Scheme)	As part of the Christmas celebration, NSS Volunteers visited Ashabhavan (childrens orphanage) , Ithithanam	2017-18
Flash mob “Say No to Drugs”	NSS (National Service Scheme) and National Health Mission	Organised a flash mob at Perunna bus stand at 4.00 PM, to give awareness about the disadvantages of drugs and make the society to ‘SAY NO TO DRUGS’.	2017-18
World Environmental Day Celebration	NSS (National Service Scheme) & KSCSTE	All Kerala inter-collegiate photography competition & Talk on ‘How to lead a healthy life through organic farming’	2017-18
Kadarivu	NSS (National Service Scheme)	Interactive session & magazine preparation	2017-18
Chat with trees	NSS (National Service Scheme)	Awareness programme	2017-18
International Yoga Day	NSS (National Service Scheme)	Yoga demonstration programme	2017-18
Leadership Camp	NSS (National Service Scheme)	Leadership camp programme	2017-18
Population Day	NSS (National Service Scheme)	Awareness programme	2017-18
Hiroshima Day	NSS (National Service Scheme)	Collage & hanging Sudoku cranes on trees	2017-18
Cleaning Session	NSS (National Service Scheme)	cleaning session, poster making and placard-making competitions	2017-18

Planting fruit sapling	NSS (National Service Scheme)	Planting fruit sapling & Cultural activities	2017-18
Independence Day	NSS (National Service Scheme)	Pencil drawing and essay writing competitions	2017-18
NSS Day Celebration	NSS (National Service Scheme)	talk about NSS history and relevance in the present world & talk on the relevance of organic farming	2017-18
Commemorating Gandhi Jayanthi	NSS (National Service Scheme)	cleaning session in the premises of Govt. Hospital	2017-18
Vimukthi Club Inauguration	NSS (National Service Scheme)	Class on Drug abuse	2017-18
Interactive Session with Mr. Murugan S	NSS (National Service Scheme)	interactive session with Mr. Murugan S	2017-18
Organic Farming Session	NSS (National Service Scheme)	Work Session in Agriculture Field	2017-18
Paliative Care Class	NSS (National Service Scheme)	talk on palliative care	2017-18
Blood Donation Camp	NSS (National Service Scheme)	Blood donation	2017-18
Work session at agriculture field	NSS (National Service Scheme)	planting tapioca	2017-18
Cancer Awareness Talk	NSS (National Service Scheme)	Cancer Awareness Talk	2017-18
World Wetland Day	NSS (National Service Scheme) & KSCSTE	A scientific talk on the theme "Wetlands for Sustainable Urban Future" & a film named 'Manjana' was exhibited.	2017-18
All Kerala Photography Competition, Exhibition and caption contest	NSS (National Service Scheme)	All Kerala Photography Competition, Exhibition and caption contest	2017-18
Poster Making Competition	NSS (National Service Scheme)	Poster Making Competition	2017-18
Wetland Visit	NSS (National Service Scheme)	Wetland Visit	2017-18
Thanalkkottam	NSS (National Service Scheme)	Cultural programmes	2017-18
First Aid Training Programme	NSS (National Service Scheme)	training for chest pain, CPR	2017-18
Blood Donation, afforestation, cleaning campaigns & survey	NSS (National Service Scheme)	Blood Donation, afforestation, cleaning campaigns & survey	2017-18
Trainers' Training Programme on 'Empowerment of Women against Atrocities'	Women Cell	Organised a Trainers' Training Programme on 'Empowerment of Women against Atrocities' and conducted classes in eight wards of Changanacherry municipality.	2017-18
Rural Camp	Department of Social Work and AADI	Conducted a Rural Camp at Sholayoor, Attappady in association with AADI for tribal community	2017-18
Class on preventive intervention against risk behaviours among adolescents	Department of Social Work	Conducted a class on preventive intervention against risk behaviours among adolescents, at St. Theresa's School, Vazhappally & Govt. Higher secondary school, Changanasserry.	2017-18
Street Play	Department of Social Work and Social Justice Dept. of Kerala and Child Protection Unit, Kottayam District	Conducted a Street Play on Child Rights at Ponkunnam in commemoration of Children's Week in an association	2017-18
Fund Mobilisation for Okhi Relief Fund	Department of Social Work	mobilised funds for the Chief Minister's Okhi Relief Fund from SB College and handed over to the Dist. Collector of Kottayam	2017-18

Remedial English Coaching	Department of English	conducted a Remedial English Coaching at the adopted Vallamichira village and at BalikaBhavan, Changanacherry	2017-18
Inter school Quiz Competition	Department of Economics	The Economics Department organised Inter school Quiz Competition for school students	2017-18
Resource Mapping and Water Resources	Department of Economics	conducted a Resource Mapping and Water Resources Survey at Madapally Panchayat	2017-18
Unboxing the Digital Media for Business	Department of Management Studies	organised a programme titled ' Unboxing the Digital Media for Business ' (for the members of Merchant Association , Changanassery	2017-18
Entrepreneur Day	Department of Management Studies	They also honoured the 'Upcoming & existing Entrepreneur' by observing an Entrepreneur Day	2017-18
Navodakam	Department of Botany	Adoption of Poovakattuchira Lake	2017-18
Science Aptitude Developer Programme (SADP)	Science Departments	Science Aptitude Developer Programme (SADP) to familiarise school students with science experiments	2017-18