

3.6.4: Average percentage of students participating in extension activities listed at 3.6.3 above during the last five years

Year	2021-22	2020-21	2019-20	2018-19	2017-18
Students Participation	3780	1368	2510	2609	2791
Total Number of Students	2990	2945	2969	3036	2866
Avg. Percentage	88.15 %				

**PRINCIPAL
ST. BERCHMANS COLLEGE
CHANGANASSERY- 1
KOTTAYAM, KERALA**



Name of the activity	Year of the activity	Number of students participated in such activities
Premonsoon Cleaning and Awareness Program	2021 - 2022	25
World Environment Day “Green Our Premises”	2021 - 2022	15
Awareness Program	2021 - 2022	29
Awareness Program	2021 - 2022	37
Gift a Book and Gift your Voice to the Blind	2021 - 2022	40
Hridayam	2021 - 2022	15
“Prachodhan” - Resilience of youth through creativity during crises	2021 - 2022	23
Road Safety Awareness Program	2021 - 2022	30
Shramdan	2021 - 2022	29
Awareness of Radiation Hazards	2021 - 2022	28
Onappanku	2021 - 2022	26
Awareness Programme	2021 - 2022	36
Awareness Programme	2021 - 2022	64
Lakshyodaya	2021 - 2022	37
Shramdan	2021 - 2022	28
Vardhakyathinu Oppam	2021 - 2022	26
Kootickal - Flood relief collection center	2021 - 2022	35
Swach Bharat - Clean India Campaign - Mega Cleaning in Changanacherry	2021 - 2022	56

Rashtriya Ekta Diwas	2021 - 2022	115
Landslide relief and Aid worth Rs. 125950 to devastated Koottickal	2021 - 2022	42
Children's Day Celebration at Lakshyodaya Gramam	2021 - 2022	44
'Sneha Sanketham'	2021 - 2022	30
Free Covid Vaccination Camp	2021 - 2022	250
Make in India - LED bulbs at NSS Eco products training and Marketing Unit	2021 - 2022	26
Indian Constitution Day	2021 - 2022	10
E-Shram Registration and awareness	2021 - 2022	15
Volunteering for State Junior Basketball tournament	2021 - 2022	30
Marketing of NSS LED Bulbs	2021 - 2022	25
Mini Blood Donation Camp	2021 - 2022	9
Inauguration of the Library at Lashyodaya Gramam	2021 - 2022	10
Special Camp PUNARJANI 2021-2022	2021 - 2022	32
1 Minute Paper Bag - Anti Plastic Bag Campaign - 5000 Bags	2021 - 2022	64
E shram Portal Registration – Registering Labourers in Unorganised sectors	2021 - 2022	360
Blood Donation Camp in SB College	2021 - 2022	13
Awareness program Through Radio Speak it out on FM	2021 - 2022	34

Udaan Activity - Intensive Social Action Program	2021 - 2022	16
Adoption of a water body	2021 - 2022	15
Awareness through Self Evaluation tool	2021 - 2022	92
Promoting a lady Entrepreneur in the locality	2021 - 2022	11
“Poshan Pakhwada 2022” Special Drive for Nutrition of Adolescent Girls	2021 - 2022	18
Social Justice Day- One Rupee Challenge for WheelChair	2021 - 2022	15
“Azadi Ka Amrut Mahotsav” Khadi Mela– Rally for Communal Harmony	2021 - 2022	50
Azadi Ka Amrut Mahotsav "Legend in Dhoti” Contest for school students	2021 - 2022	16
Khadi for nation Campaign	2021 - 2022	25
Azadi Ka Amrutha Mahotsav	2021 - 2022	150
National Vaccination Day	2021 - 2022	30
Sneha Veedu	2021 - 2022	20
NSS Covid Warriors Kerala - Post Covid Clinic @ SB	2021 - 2022	150
Janasabha against drugs	2021 - 2022	55
SAY NO TO WAR	2021 - 2022	49
Plastic Ploughing	2021 - 2022	37
Awareness programmes for paddy cultivators	2021 - 2022	30
Distribution of saplings in the neighbourhood houses	2021 - 2022	16
Street Play	2021 - 2022	10
Nasha Mukth Bharath Abhiyan	2021 - 2022	46
Campus visit	2021 - 2022	12
Drawing Competition	2021 - 2022	67

Photo Exhibition	2021 - 2022	52
Freedom Flower (Tiranga Pushpa)	2021 - 2022	43
BHIM Powered Digital Banking Campaign	2021 - 2022	84
Blood Donation	2021 - 2022	3
Udan Intensive Social Action Project	2021 - 2022	18
Awareness Campaign	2021 - 2022	64
Pamphlet Distribution	2021 - 2022	82
Organic Horticulture Project	2021 - 2022	115
Johnson MP Memorial National Paper Presentation Competition	2021 - 2022	25
World Obesity Day	2021 - 2022	51
International Women's Day	2021 - 2022	8
World Environmental Day	2021 - 2022	14
National Voter's Day	2021 - 2022	160
Digital Kottayam	2021 - 2022	55
Shastravandi	2021 - 2022	33
10th All Kerala Mathematics Tournament	2021 - 2022	115
Tele Counselling Programme to provide psycho-social support to the Covid 19 victims and their families	2021 - 2022	31
Tele Counselling Programme to provide psycho-social support to the Covid 19 victims and their families	2021 - 2022	31
Collection campaign for flood victims	2021 - 2022	32
Distribution Drive in affected areas of the flood victims South Kerala	2021 - 2022	16
Sthree Shakthi Kala Jadha against dowry	2021 - 2022	32
Field Action Projects - Preventive interventions against the risk behaviours among children and adolescents	2021 - 2022	16

Field Action Projects- Capacity building of parents and significant adults against child abuse	2021 - 2022	16
Field Action Projects- Empowering women against the atrocities they face.	2021 - 2022	16
Extention programme based on Exam Anxiety	2021 - 2022	20
Plant a Sapling	2021 - 2022	60
MSME Day (Online)	2021 - 2022	180
Signboard cleaning on Highways	2021 - 2022	24
UN Day Celebration	2021 - 2022	50
Homestead Biodiversity - Photo Inventory project	2020-21	35
NSS Day Special Activities	2020-21	60
Plogging Run	2020-21	45
UDAAN	2020-21	50
SAHYOG	2020-21	75
COVID Duty	2020-21	1
Karuthal - Energy Conservation Day	2020-21	53
7-Day Special Camp 'Navodayam 20'	2020-21	45
7-Day Special Camp 'Navodayam 20'	2020-21	75
Sahyog - Dhyuthi	2020-21	22

Sahyog - Sanaatan	2020-21	30
Sahyog - Sankalp	2020-21	15
Sahyog - Dilaab	2020-21	25
Sahyog - Agnimitra	2020-21	20
Sahyog - Deenabandhu	2020-21	15
Sahyog - Ektha	2020-21	15
National Youth Week - Mathrika akkam Ivare	2020-21	56
<i>Jagrathayode munnottu; Thulli Kudikam, Thulli Chadam' - National Immunization Day</i>	2020-21	60
Nerinte Nethaji - 123 Years of Subhash Chandra Bose	2020-21	44
<i>Perucherckku, Vote Cheyyu - National Voter's Day</i>	2020-21	55
Anjappam	2020-21	40
Sneha Thannerkudam	2020-21	41
Election Awareness Rally	2020-21	56
Koottu	2020-21	55
Bike Rally	2020-21	2
Election Duty	2020-21	7
Covid Protection through Vaccination	2020-21	25
Covid Vaccine Registration	2020-21	30

Supply of Necessities to COVID Patients	2020-21	35
Election Duty by volunteers	2020-21	7
“Doctor on Call”	2020-21	50
Assistance for COVID Vaccine Registration	2020-21	165
Supply of Necessities to COVID Patients	2020-21	14
9 th ALL KERLA MATHEMATICS TOURNAMENT	2020-21	102
Study Material Distribution	2020-21	35
Covid 19 Facilitation	2020-21	10
Pre-Monsoon Cleaning Campaign and Saplings Plantation	2019-20	14
Donating Library books to <i>Anjappam</i> Library	2019-20	10
Serving at Anchappam	2019-20	28
International Day against Drug Abuse and Illicit Trafficking	2019-20	62
Eco Products Training Workshop	2019-20	39
SBSI Household Survey	2019-20	104
CLEANATHON: A Walk for a Cleaner Tomorrow	2019-20	46
3R’s Pamphlet Distribution	2019-20	22
Charity Collection Drive	2019-20	15
Exhibition of Eco Products (GreenBerch Stall)	2019-20	28
Flood Relief Activities	2019-20	35
Bund Construction	2019-20	47
Eco Products Campaign and Sale	2019-20	26
World Heart Day Rally	2019-20	115
Mega Cleaning Campaign on Gandhi Jayanti	2019-20	109
Fit India Plogging Run	2019-20	85
Municipal Ward Meeting	2019-20	97
Blood Donation Camp	2019-20	83
Excise Bike Rally - Vimukthi Club	2019-20	75
Suvarnam 2019 - 7 day Special Camp at Muttar	2019-20	68

Ini Njan Ozhukatte (<i>Let me flow now</i>)	2019-20	52
Street Play – ‘Ni Manushyan Ano?’ (<i>‘Are you a human?’</i>)	2019-20	14
Renewable Energy Survey and Disability Survey	2019-20	30
<i>Punarjani</i>: The Revival of Water Bodies	2019-20	45
HAM Radio Making	2019-20	58
Clean Campus – Green Campus	2019-20	34
GreenBerch Eco products Stall - Changanassery Mega Fest	2019-20	26
Changanassery Mega Fest – Green Army to maintain Green Protocol	2019-20	28
Eco Products Training Workshop conducted by GreenBerch	2019-20	47
DISHA 2020	2019-20	125
GreenBerch	2019-20	62
World Cancer Day – Awareness Rally	2019-20	150
World Cancer Day – Street Play on Cancer Prevention	2019-20	15
Anganwadi Painting	2019-20	30
ASPIC Club Annual Meeting 2020	2019-20	89
Ek Bharat Shrestha Bharat Programme (EBSB)	2019-20	67
Guest Talk on the Cultural Diversity of Himachal Pradesh	2019-20	75
NAVODAKAM (Conservation of waterbody)	2019-20	32
Swatch Bharath	2019-20	60
Clean Changanassery Program	2019-20	24
Social Awareness Programme	2019-20	26
Swachh Bharat	2019-20	30
Awareness Programme	2019-20	15
Awareness Programme	2019-20	15
Awareness Programme	2019-20	28
Camp	2019-20	15
Collection and distribution of flood relief materials	2019-20	28
Restoration of Endosulfan victims in Kerala	2019-20	28
Awareness Programme	2019-20	28
Field Action Programme	2019-20	15

Fund Raising Programme	2019-20	28
Break The Chain	2019-20	3
Workshop	2019-20	40
Workshop	2019-20	40
Educational support	2018-19	24
World Wetland Day Celebration	2018-19	82
Leadership Throuth NSS - A Leadership Camp	2018-19	45
Plastic Free Campus	2018-19	30
Donation to Flood Relief Camp	2018-19	25
Opening of Camp Stores for Distribution of materials to camp Inmates	2018-19	35
Flood Relief Camps	2018-19	50
Visit to relief camps and distribution	2018-19	28
Opening of Camp Stores	2018-19	15
The Collection and Distribution Centre of materials in the COLLEGE for flood relief	2018-19	50
Medical Camp	2018-19	24
cleanliness and hygiene in the camp	2018-19	55
The District Administration, DC books and You & Me team organized an interactive session	2018-19	24
Medical camp	2018-19	28
Medical camps for flood victims	2018-19	47
Medical camps for flood victims	2018-19	36
Positive Thinking and Psychological Relaxation Exercise	2018-19	7

Distribution of food grains	2018-19	16
Post Flood Cleaning	2018-19	18
August Mouna Upavasm	2018-19	17
Rescue Operations	2018-19	10
Training Program on paper bags and cloth mats	2018-19	31
Eco-pen making workshop	2018-19	22
Eco pen making workshop	2018-19	33
I Challenge Plastic bottles	2018-19	90
Post flood situational analysis survey	2018-19	34
Eco product training workshop	2018-19	48
Gandhi Jayanthi Celebration (Cleaning Programme)	2018-19	22
Swachatha Awareness Rally	2018-19	115
Blood Donation Camp	2018-19	65
Distribution of Study Materials and Inauguration of Drinking Water Facility	2018-19	15
All Kerala Eco product making workshop – Train the Trainer programme	2018-19	200
Meenachil Odonate Survey Tropical Institute of Ecological Sciences (TIES)	2018-19	10
National Energy Conservation Day	2018-19	30
Sukrutham 2018 - Seven Day Camp	2018-19	95
Anti-Plastic Campaign	2018-19	55
Under the Swach Bharath Abhiyan Scheme - Cleaning Activity	2018-19	60
Manimalayar River Cleaning	2018-19	27
Toilet and Premises Cleaning - Swacch Bharath	2018-19	22
Eco Product Making Workshop	2018-19	3
Palliative Care Team of SB College	2018-19	16
Sasthrapadham (SSA),National Service Scheme, SB College unit hosted the programme conducted by Sarva Shiksha	2018-19	75

Abhiyan, Kottayam for students who were science aspirant to know about science		
construct house for the people who have been affected from the flood	2018-19	21
VVPAT Demonstration	2018-19	18
Books Were Collected and Donate to the New library in Kunnathanam	2018-19	20
Tuition Programme for students	2018-19	14
Skill Enhancement Women Empowerment Programme	2018-19	3
Service in ANJAPPAM	2018-19	12
Sensitization Programme on Transgenders	2018-19	28
Thanneer Kudam	2018-19	35
Vimukthi sticker distribution inauguration	2018-19	23
Lok Sabha Election Duty	2018-19	28
Book published	2018-19	15
Aswamedham - Leprosy case detection campaign	2018-19	120
National Yoga Day Celebration	2018-19	114
Kargil Vijaya Diwas-Cleaning Activity	2018-19	90
Anti-Rabies Medicine Distribution	2018-19	15
Cleaning Activity	2018-19	30
Swachatha awareness rally	2018-19	30
House maintenance	2018-19	28
A survey to analyse the post flood health status of people	2018-19	15
Psycho social care for the flood victims	2018-19	28
“Kitab” for the flood-affected schools	2018-19	28
Street play on health and hygiene	2018-19	13
Street plays for Vimukthi project	2018-19	13
Street play on the theme “Children and Social Media”	2018-19	13
Field Action Projects on Prevention of Atrocities against Women (3 No:s)	2018-19	13

Psycho-social interventions with children (6 No:s)	2018-19	13
Seven day rural camp	2018-19	13
Psycho-social interventions for children	2018-19	13
Survey on Health Aspects during flood	2018-19	13
'Muttai': Psycho Social Intervention	2018-19	13
Sorting of relief materials for distribution	2018-19	13
Navodakam' Water body management project	2018-19	30
Jaivam-2017	2017-18	130
Jaivam-2017	2017-18	3
Jaivam-2017	2017-18	112
Jaivam-2017	2017-18	125
CLEANING ACTIVITY	2017-18	29
World Heart Day Rally	2017-18	70
World Diabetes Day Rally	2017-18	105
Paper Pen Distribution	2017-18	12
Class on Eco Pen	2017-18	3
Eco-Pen Class in NSS Camp	2017-18	68
Eco Pen Distribution	2017-18	114
Asha Bhavan Visit	2017-18	20
Flash mob "Say No to Drugs"	2017-18	18
World Environmental Day Celebration	2017-18	117
Kadarivu	2017-18	24
Chat with trees	2017-18	87
International Yoga Day	2017-18	52
Leadership Camp	2017-18	63
Population Day	2017-18	96

Hiroshima Day	2017-18	82
Cleaning Session	2017-18	27
Planting fruit sapling	2017-18	41
Independence Day	2017-18	35
NSS Day Celebration	2017-18	94
Commemorating Gandhi Jayanthi	2017-18	38
Vimukthi Club Inauguration	2017-18	78
Interactive Session with Mr. Murugan S	2017-18	12
Organic Farming Session	2017-18	56
Paliative Care Class	2017-18	71
Blood Donation Camp	2017-18	25
Work session at agriculture field	2017-18	37
Cancer Awareness Talk	2017-18	82
World Wetland Day	2017-18	96
All Kerala Photography Competition, Exhibition and caption contest	2017-18	42
Poster Making Competition	2017-18	57
Wetland Visit	2017-18	38
Thanalkkottam	2017-18	28
First Aid Training Programme	2017-18	39
Blood Donation, afforestation, cleaning campaigns & survey	2017-18	51
Trainers' Training Programme on 'Empowerment of Women against Atrocities'	2017-18	93
Rural Camp	2017-18	56
Class on preventive intervention against risk behaviours among adolescents	2017-18	74
Street Play	2017-18	10
Fund Mobilisation for Okhi Relief Fund	2017-18	12
Remedial English Coaching	2017-18	23
Inter school Quiz Competition	2017-18	50
Resource Mapping and Water Resources	2017-18	16
Unboxing the Digital Media for Business	2017-18	65
Entrepreneur Day	2017-18	58
Navodakam	2017-18	20
Science Aptitude Developer Programme (SADP)	2017-18	37

